



Glendale Heights Day Care Lunch Menu



**November
2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Oven Baked Chicken Nuggets Green Beans Peaches Sliced Whole Grain Bread	2 ELECTION DAY All "American" Burger On Whole Wheat Bun "Ballot" Sweet Potato Tots Sliced Pears "Voters" Fall Cookie	3 French Toast with Syrup Cheesy Omelet Cinnamon Apple Slices Mixed Fruit	4 Baked Potato with Shredded Cheese, Sour Cream Steamed Broccoli Applesauce Sliced Whole Grain Bread	5 On Site Service
8 Mini Turkey Corn Dogs Glazed Carrots Applesauce Sliced Whole Grain Bread	9 Beefy Nachos with Cheese Sauce Whole Kernel Corn Peaches	10 Chicken Patty on a Whole Wheat Bun Mixed Vegetables Mandarin Oranges *Graham Fish Cookies*	11 VETERANS DAY Mozzarella Pizza Dippers Marinara Sauce Green Beans Fruit Cocktail	12 On Site Service
15 Oven Roasted Hot Dog on Whole Grain Bun Baked Beans Pears *Kettle Chips*	16 Cheese Pizza Seasoned Peas Peaches Sliced Whole Grain Bread	17 Cheese and Ham Stromboli Carrot Coins Applesauce	18 Oven Baked Chicken Nuggets Green Beans Mixed Fruit Sliced Whole Grain Bread	19 On Site Service
22 Grilled Cheese Sandwich on Whole Grain Bread Tomato Soup Saltine Crackers Applesauce	23 School Thanksgiving Turkey Chunks in Gravy Mashed Potatoes Wheat Dinner Roll Cranberry Sauce *Harvest Cookie*	24 Pancakes with Syrup Turkey Sausages Applesauce Mandarin Oranges	25 	26 On Site Service
29 Pretzel Shaped Chicken Vegetable Medley Pineapple Tidbits Sliced Whole Grain Bread *Pretzels*	30 Homemade Turkey Hot Pocket Whole Kernel Corn Applesauce			NOVEMBER HARVEST OF THE MONTH Cranberries Leeks Sage

Prepared From Scratch

Contains Pork

Vegetarian Entrée

Harvest of the Month

NEW

What a month November will be! The brand new item this month is Orange Chicken offered on the 5th. Orange Chicken is student friendly popcorn chicken with an orange marmalade sauce, served with rice - yummy! The Crunchy Fish Filet is back - give it a try. The Patty Melt was a favorite last month try it again on the 19th. The stromboli has become the most popular new item so far!



Corn is beneficial to the environment as it absorbs carbon dioxide and gives off oxygen -- just like a rain forest. 75% of all grocery items contain corn in some form.



Menus are subject to change without notice.

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