

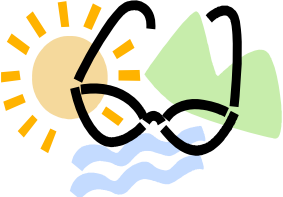
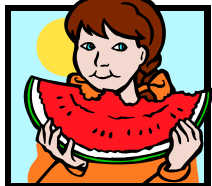
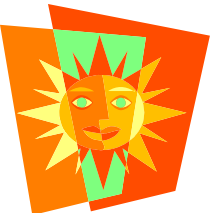






Glendale Heights Lunch Menu





**July
2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SUMMER				
5 Closed for the Holiday! 	6 Pancakes with Syrup Egg Omelets Two Fruit Selections *Treat*	7 Mini Turkey Corn Dogs Vegetable Fruit	8 Chicken Nuggets Vegetable Fruit	2 On Site Service 
12 Hot Dog on a Bun Baked Beans Fruit *Potato Chips*	13 Cheese Pizza Vegetable Fruit	14 Chicken Patty on a Bun Vegetable Fruit	15 Turkey in Gravy Mashed Potatoes Fruit	9 On Site Service 
19 Fish Nuggets Vegetable Fruit *Gold Fish Crackers*	20 Deli Meat Sandwich Soup of the Day Saltine Crackers Vegetable Fruit	21 Meatballs in Gravy Steamed Rice Vegetable Fruit	22 Mozzarella Pizza Dippers with Pizza Sauce Vegetable Fruit *Treat*	16 On Site Service 
26 Chicken Crispito Vegetable Fruit	27 Chef Boy R Dee Ravioli in Sauce Vegetable Fruit *Treat*	28 Waffles with Syrup Breakfast Sausage Links Two Fruit Selections	29 Shaved Turkey Ham Wraps Vegetable Fruit *Frito Corn Chips*	23 On Site Service 
				30 On Site Service 

 Prepared From Scratch

 Contains Pork

 Vegetarian Entrée

 Harvest of the Month



This is a merged cell. Type in this CELL not in the box. Just put your cursor on the cell and start typing. It will automatically write over this information. If you don't have anything NEW, just delete this information along with the text box, and add some Summer clip art (below).



*The Average Person Eats Almost
1500 Pounds of Food A Year!*

On average, that can be thought of as:
 *150 pounds of meat,
 *290 pounds of milk and cream,
 *35 pounds of eggs,
 *48 pounds of chicken,
 *68 pounds of bread,
 *125 pounds of potatoes, and
 *80 pounds of fruit.

BREAKFAST/LUNCH PRICES

Elementary	\$0.00/\$0.00
Secondary	\$0.00/\$0.00
Reduced	\$0.30/\$0.40
Additional Milk	\$0.00
Adult	\$0.00/\$0.00
Extra Entrée	\$0.00

To check the balance in your account or for additional information, contact:

Name, FSD
Phone Number
Email

Menus are subject to change without notice.



Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.

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