



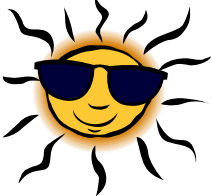











# Glendale Heights Lunch Menu



MONDAY		WEDNESDAY	THURSDAY	FRIDAY
2 All Beef Hot Dog on a Bun Baked Beans Fruit	 Beef Burrito Vegetable Fruit  *Treat*	4 Oven Baked Chicken Nuggets Vegetable Fruit	5 Cheese Pizza Vegetable Fruit	6 On Site Service  
9 Fish Nuggets Oven Baked Fries Fruit	10 Chinese Chicken with Vegetables Steamed Rice Fruit  *Treat*	11 Shaved Deli Meat Sandwich Goldfish Crackers Vegetable Fruit	12 Chicken Patty n a Bun Vegetable Fruit	13 On Site Service  
16 Beefsteak in Gravy Mashed Potatoes Fruit	17 Mini Turkey Corn Dogs Vegetable Fruit  *Treat*	18 Hamburger on a Bun Tator Tots Fruit	19 French Toast with Syrup Omelet Two Fruit Selections	20 On Site Service  
23 Chicken Crispito Vegetable Fruit	24 Cheese Pizza Vegetable Fruit  *Treat*	25 Spaghetti with Meatballs Vegetable Fruit	26 Mini Smokie Links Mashed Potatoes Fruit	27 On Site Service  
30 Chef Boy R Dee Ravioli in Sauce Vegetable Fruit	31 Oven Baked Chicken Nuggets Vegetable Fruit  *Treat*			

-  Prepared From Scratch
-  Contains Pork
-  Vegetarian Entrée
-  Harvest of the Month




*The Average Person Eats Almost  
1500 Pounds of Food A Year!*

On average, that can be thought of as:

- \*150 pounds of meat,
- \*290 pounds of milk and cream,
- \*35 pounds of eggs,
- \*48 pounds of chicken,
- \*68 pounds of bread,
- \*125 pounds of potatoes, and
- \*80 pounds of fruit.

Menus are subject to change without notice.

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 Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.

For additional information, contact:  
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414-351-6595